

apple yogurt



**you will
need:**



apple



**8oz vanilla
yogurt**



**1/4 teaspoon
cinnamon**

tools:



sink



**cutting
board**



**sharp
knife**



bowl



**1/4
teaspoon**



spoon

steps

1



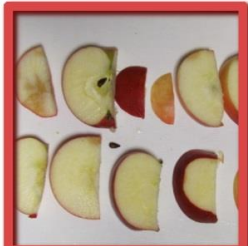
wash apple



**cut apple
in half**



**cut halves
in strips**

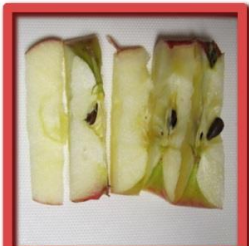


**lay apples
flat**



**cut pieces
in strips**

2



**throw out
seed pieces**



**cut into
cubes**



get bowl



**put yogurt
in bowl**



**put apples
in bowl**

3



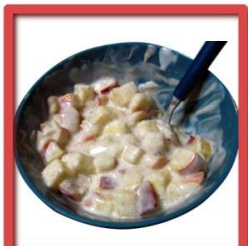
**get 1/4 tsp
cinnamon**



**put
cinnamon in**



stir



enjoy!