

# Pumpkin French Toast

**you will  
need:**



**1/4 cup  
Pumpkin Puree**



**4-6 slices  
Wheat Bread**



**1/2 cup Milk**



**3 Eggs**



**1 tsp Vanilla**



**Unsalted  
Butter**



**Cream  
Cheese**



**Syrup**



**1 tsp  
Cinnamon**

**tools:**



**dish**



**cooktop**



**spatula**



**1 tablespoon**



**1 teaspoon**



**liquid  
measure**

# steps

1



crack 3 eggs



1/2 cup milk



1 tsp vanilla



open  
pumpkin



1 tbsp syrup

2



whisk in pan



soak bread



melt butter  
in pan



cook side 1



cook side 2

3



add syrup



add cream  
cheese