

# Parmesan Crusted Meatballs

**you will  
need:**



**1 pound  
ground beef**



**1 cup bread  
crumbs**



**1 1/2 cups  
Parmesan**



**1 egg**



**1 tablespoon  
olive oil**



**1 teaspoon  
salt**



**1 teaspoon  
pepper**

**tools:**



**mixing bowl**



**measuring  
cups**



**measuring  
spoons**



**oven**



**cookie sheet**



**dough scoop  
(optional)**

# steps

1



Wash hands



Put meat in  
mixing bowl



Add bread  
crumbs



Add cheese



Add salt and  
pepper

2



Add oil



Add egg



Mix using  
hands or mixer



Add more egg  
as needed



Scoop meat with  
hands or scoop

3

1" size  
meatballs

Roll  
meatballs



Place meatballs  
on sheet



Place in  
oven



Cook for 15  
minutes



Serve and  
enjoy