

Fruit Smoothie



you will need:



**1 cup
orange juice**



**2 cups
frozen berries**



**frozen
banana**

tools:



Drinking cup



Blender



Spoon



**Measuring
cup**

steps

1



**Measure 1 cup
orange juice**



**Add juice to
blender**

2



**Measure 2 cups
frozen berries**



**Get out 1
frozen banana**



**Add fruit to
blender**

3



**Blend until
smooth**



**Pour and
enjoy!**